



LINK UP LEITH

PROJECT

The Link Up Leith Project is a group of local organisations ready to support you with:



Eating
healthily



Preparing for
parenthood



Welfare
benefits



Energy
efficiency

How can we help?



Edinburgh Community Food can support you with practical cooking skills and helpful advice on nutrition and eating healthily.

☎ 0131 467 7326 ↗ edinburghcommunityfood.org.uk



Changeworks can help you to save energy and manage fuel bills by delivering energy advice, fuel billing and fuel debt support.

☎ 0131 539 8574 ↗ changeworks.org.uk



Bump Start is a support service for pregnant women and their families to prepare for parenthood, feel confident and make positive choices.

☎ 0131 551 1632 ↗ steppingstonesnorthedinburgh.co.uk



Port of Leith Housing Association's Welfare Rights Officers can assist with questions around benefit claims, checks, budgeting and more.

☎ 0131 554 0403 ↗ polha.co.uk